



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

School Name & Location Number:	Carol City Elementary
Principal:	Donna S. Lee
Phone Number:	305-621-0509
School Wellness/Healthy School Team Leader:	Leslie Polk
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Cortnye Arce, AP Leslie Polk, PE Coach Jasmine Georges, Teacher Tashmeha Ignacio, Teacher Marthe Jackson, School Counselor Andrise Andre, Cafeteria Manager Alvin Wright, Head Custodian
Committee Meeting Dates:	Faculty Meeting January 5, 2022, November 4, 2021, and October 6, 2021 EESAC Meeting January 12, 2022
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare

<p>Steps to Achieve School Wellness/Healthy School Team Goal:</p>	<p>Nutrition – Promote a healthy, hot free breakfast Provide a healthy lunch Promote Fresh Fruit and Vegetable Program Provide healthy snacks during after care and after school tutoring</p> <p>Physical Education – Fitness (Aspen) Testing Weekly Mindful Practice</p> <p>Physical Activity – Vigorous fun cardio activities including relays Walk/Run videos Actions to increase cardiovascular fitness</p> <p>Health and Nutrition Literacy – Provided a Florida Agriculture Literacy Day for Grades 2 and 3</p> <p>Preventive Healthcare – Well way Wellness Program Wellness Waking Club District Vision Screenings for Grades K, 1 and 3 Vaccinations and Boosters provided for students and staff</p>
<p>Community Engagement:</p>	<p>City of Miami Gardens Fire Safety Program for Primary Students Dental and Vision Screening provided to Headstart/Early Headstart Virtual Parent Meeting to support afterschool initiatives including homework help, parent tips and Increase business partnerships</p>

Monitoring and Evaluation:	Committee meeting sign in sheets Advertise more to increase future volunteers
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Career Day to support community involvement