



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2023-2024

School Name & Location Number:	Carol City Elementary School
Principal:	Ms. Tiffany Davis
Phone Number:	305-621-0509
School Wellness/Healthy School Team Leader:	Cortnye Arce
School Wellness/Healthy School Team Committee Members: (Please provide names for the following)	Cortnye Arce, AP Coach E, PE Coach Angelisha Davis, ESE Chair Marthe Jackson, School Counselor Amesha Noel, Mental Health Coordinator D. McBride, Cafeteria Manager
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition Promote a healthy, hot free breakfast Promote National Lunch Week (October 9-13) Provide a healthy lunch Promote Fresh Fruit and Vegetable Program Provide healthy snacks during after care and after school tutoring Physical Education – Fitness (Aspen) Testing Weekly Mindful Champions Program Vigorous fun cardio activities including relays Health and Nutrition Literacy – Provided a Florida Agriculture Literacy Day

	Preventive Healthcare – Well Way Wellness Program District Health Screenings
Community Engagement:	Encourage the staff to participate in the 5K Superintendent Walk. City of Miami Gardens Fire Safety Program for Primary Students Dental and Vision Screening provided to Headstart/Early Headstart Increase business partnerships
Monitoring and Evaluation:	Committee meeting sign in sheets Advertise more to increase future volunteers
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Quarterly activities to support community involvement such as Career Day