



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Carol City Elementary 0681
Principal:	Tiffany Davis
Phone Number:	305-621-0509
School Wellness/Healthy School Team Leader:	Cortnye Arce
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Cortnye Arce, AP Coach E, PE Coach Angelisha Davis, ESE Chair Marthe Jackson, School Counselor Amesha Noel, Mental Health Coordinator D. McBride, Cafeteria Manager
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Promote a healthy, hot free breakfast Promote National Lunch Week, Provide a healthy lunch Promote Fresh Fruit and Vegetable Program, VPK Edible Gardens, Healthy after-school snacks</p> <p>Physical Education: Fitness (Aspen) Testing Weekly, Mindful Champions Program, Vigorous fun cardio activities including relays, Father's in Fitness Annual Event</p> <p>Physical Activity: Walking Club, Father's in Fitness Annual Event</p> <p>Health and Nutrition Literacy: Provid a Florida Agriculture Literacy Day</p>

	Preventive Healthcare: Well Way Wellness Program and District Health Screenings
Sustainability Practices:	Reduce waste, Reuse resources and Recycle cardboard. Recognized by the Green School Coalition.
Community Engagement:	Encourage the staff to participate in the 5K Superintendent Walk and Weekly Walking Club, City of Miami Gardens Fire Safety Program for Primary Students, Dental and Vision Screening provided to Headstart/Early Headstart, Citrus Vision and BMI screenings, Career Day
Monitoring and Evaluation:	Committee meeting sign in sheets Advertise more to increase future volunteers
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Quarterly activities to support community involvement such as Quarterly STEM activities and Parent Workshops